

# THE EQUINE GUIDE TO THE FOUR AGREEMENTS AN EXPERIENTIAL INTENSIVE

Join us for a 3-day experience as we immerse ourselves in the principles of Don Miguel Ruiz's "The Four Agreements" taught through the insightful and intuitive knowing of the horse.

THE AGREEMENTS: Be impeccable with your word, Don't take anything personally, Don't make assumptions, Always do your best, are wholly embodied in the horse as they model these principles with each other and with us at every turn. As we interact with the horse, we will build awareness and understanding of how to apply these principles to our lives in a practical and meaningful way.

**Through the lens of the horse,  
we learn to:**

Communicate effectively  
Get curious  
Re-define self-limiting beliefs  
Take action to create change  
Practice presence

Our herd of Medicine horses will pave the way to a deeper understanding and appreciation of the power of The Four Agreements, helping bridge the gap between a mental concept and real-time, real-life application.

*(no previous horse experience required. All activities with horses are facilitated on the ground in a safe and supportive environment)*



**July 27 2pm – 7pm (dinner included)**

**July 28 10am – 4:30pm**

**July 29 10am – 4:30pm**

**Location:** Medicine Horse Ranch, Tomales, Ca – a 7th generation family owned 1000 acre working cattle ranch.

**Tuition:** \$795/person (\$750 if paid in full by June 27th) which includes a light dinner the first evening and study materials including Don Miguel Ruiz's book "The Four Agreements".

Facilitated by: Gaby Fabian, CEGE  
and Alyssa Aubrey, CEGE

**For Registration or inquiries:**

**Contact Gaby at (415) 261-8923 or email [gaby@equineguidedrecovery.org](mailto:gaby@equineguidedrecovery.org)**

**Registration is required as space is limited to 8 participants. Directions and logistics available upon registration**