

**Feb 24-26, 2017**  
**Feb 24: 2-7pm, includes dinner**  
**Feb 25-26: 10am - 4:30pm**  
**Medicine Horse Ranch**  
**Tomales, CA**

*An Introduction to*  
**ADVENTURES  
IN AWARENESS™**

**Presented by Medicine Horse Ranch**  
**Facilitated by Alyssa Aubrey CEGE**  
**and MHR Senior Staff**

This 3-day study module is an introduction to the Adventures in Awareness™ principles, theory and best practices. The AIA equine facilitated experiential learning process work is suitable for individuals of any age interested in achieving clarity of life's purpose.

Carefully structured interactive activities with the horse are designed to create bonding, develop personal insights, deepen heart centered communication skills and elicit your strengths, gifts and talents.

The AIA process promotes working with horses as reflection (mirror principle – "what I see in you, is also in me") of our personal and interpersonal relationships.

For participants interested in working professionally with horses, the understanding and development of best practices and core principles is vitally important. One's personal/professional credibility, competency and eventual credentialing (CEIP) is dependent on this process. This study module will provide a solid foundation for development in the field of equine-guided education and learning.

**Equine Experiential Activities Include:**

Responsibility Agreement, Centering, mutual choosing inner-active, heart scanning process, Con Su Permiso, imaginary lead line, elementary equine physiology and psychology as metaphor for life skills and round ring congruent message sending.

*My awareness of what can be accomplished  
spiritually, emotionally, mentally and  
physically with the help of horses  
was life changing for me as  
a person and a clinician.*

*– Paula Allen, MSW*



**Cost: \$795**

**(\$750, if paid by January 30)**

**To Enroll: Alyssa Aubrey at 707-878-2440,  
or email: [office@medicinehorseranch.org](mailto:office@medicinehorseranch.org)**

**Tuition includes light evening meal the first day  
featuring locally grown and organic fare. Didactic  
materials ( and AIA handbook ) for future reference  
and study opportunities are provided.**

**This workshop is beneficial for:**

- Anyone wishing to know oneself and others through the wisdom of the horse.
- Individuals interested in personal/professional growth and development.
- Individuals wanting to learn how to incorporate horses into their current professions or future careers.
- Horse specialists interested in expanding their opportunities within the equine industry.
- College students adding equine experiential education training in preparation for careers which include horses.

**All activities with the horses are facilitated on the ground in a safe and supportive environment. There is no horseback riding included in this program.**